

## CLAIMS

What is claimed is:

1. A method for delivering medical assistance to a traveler while visiting in a  
5 foreign country, the traveler utilizing a client system, the method comprising the steps of:

displaying one or more selection buttons on a display of the client system,  
each selection button being associated with at least one type of medical assistance, the  
medical assistance being provisioned in at least two different languages and being  
associated with at least two countries;

10 receiving a selection of one of the selection buttons;

sending a request to a server; and

the server delivering the medical assistance associated with the selected  
button in the selected language and customized based on the selected country.

2. The method of claim 1, wherein the step of delivering the medical  
15 assistance comprises selecting medical assistance from a group consisting of: providing  
information on medical services in the foreign country, translating a prescription to the  
foreign language, translating medical information of the traveler into the foreign  
language, delivering a medical referral in the foreign language, providing online medical  
consulting in a preferred language of the traveler, and providing online drug consultation  
20 in a preferred language of the traveler.

3. The method of claim 1, wherein the at least one type of medical assistance  
includes providing an over the counter (OTC) prescription depending on the foreign  
country requirements.

4. The method of claim 1, wherein the client system and server system  
25 communicate via the Internet and the step of sending the request to the server comprises  
sending the request over the Internet.

5. The method of claim 1, further comprising a life saving article, the life saving article identifying emergency medical information that is related to the traveler and a URL for the server, and the step of sending a request to a server further comprises sending the request to the URL identified on the life saving article.

6. The method of claim 5, wherein the life saving article is selected from a group consisting of a necklace with a notice plate, a plastic card, or key-holder with a medical plate and a sticker.

7. The method of claim 5, wherein the life saving article comprises an emergency password and the step of sending a request to the server further comprises sending the emergency password.

8. The method of claim 1, further comprising a medical measurement device that can be attached to the traveler and is operable to take certain medical measurements of the traveler, and the method further comprises the step of taking the certain medical measurements and transferring the certain medical measurements to the server.

9. A server for delivering medical assistance to a traveler, the server being accessible by a traveler while traveling in a foreign country and operating a client device, the server comprising:

a medical personal file database comprising a plurality of medical personal files, wherein each medical personal file includes medical information pertaining to the traveler in two or more languages;

a medical services database containing entries to identify medical services offered at a particular location in a particular country; and

a network interface enabling a traveler to access the medical personal file database and the medical service database.

10. The server of claim 9, further comprising an authenticated login interface that requires the entry of identifying information to gain access to the medical personal file for a traveler and includes an emergency access code that allows limited access to the medical information pertaining to the traveler.

11. The server of claim 9, wherein the medical personal file database further comprises information regarding the language compatibility of the staff at the medical services.

5 12. The server of claim 10, wherein the medical information pertaining to the traveler in the medical personal file database includes an identification of the medications that the traveler is currently taking, the medical history of the traveler and the current medical condition of the traveler.

10 13. The server of claim 9, wherein the server is operable to receive medical measurements information from the client device and store the medical measurements in the medical personal file database.

14. The server of claim 9, wherein the medical personal files are updated manually.

15 15. A system for providing medical assistance and services to a traveler using a client device communicatively connected to a communications network, the system comprising:

a medical web server, communicatively connectable to the communications network, the medical web server comprising:

20 a database of a plurality of medical personal files, wherein each medical personal file includes medical information associated with the traveler in two or more languages,

a database of medical services in two or more countries; and

a database of prescriptions and referrals in two or more languages;

25 a client device communicatively connected to the communications network and comprising a client computer running a browser; and

the communications network operable for connecting the medical web server with the client computer of the client device and thereby giving the traveler access to the

database of a plurality of medical personal files, the database of the medical services and the database of prescriptions and referrals while the traveler is in a foreign country; and

the medical web server being operable to receive a request for information from the client device, the request identifying a desired information, a desired language and a  
5 current country, and provide the desired information in the requested language and in accordance with the current country.

16. The system of claim 15, wherein the database of prescriptions comprises brand names of medicines in the foreign country.

17. The system of claim 15, further comprising a database of call centers in  
10 one or more locations.

18. The system of claim 15, wherein the client device further comprises:  
a gateway that is connected to the client computer; and  
a measuring device operable to measure certain information pertaining to the traveler and transfer the certain measurements to the client computer via the portable  
15 gateway.

19. The system of claim 18, wherein the certain measurements are transferred from the client computer to the web server.

20. The system of claim 18, wherein the gateway is portable.

21. The system of claim 18, wherein the measuring device is portable.

22. The system of claim 15, wherein the service of the system is associated with a company and wherein the traveler is a customer of the associated company.  
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23. The system of claim 15, wherein the medical web server further comprises an authenticated user interface wherein access to the database of a plurality of medical personal files, the database of the medical services, the database of call centers and the  
25 database of prescriptions and referrals is only granted if valid credentials are entered.

24. The system of claim 23, wherein an emergency set of credentials, if entered at the authenticated user interface, grants limited access to the database of a plurality of medical personal files.

25. The system of claim 15, wherein the client device is operable to engage in an audiovisual communication session with a medical service identified in the database of medical services.